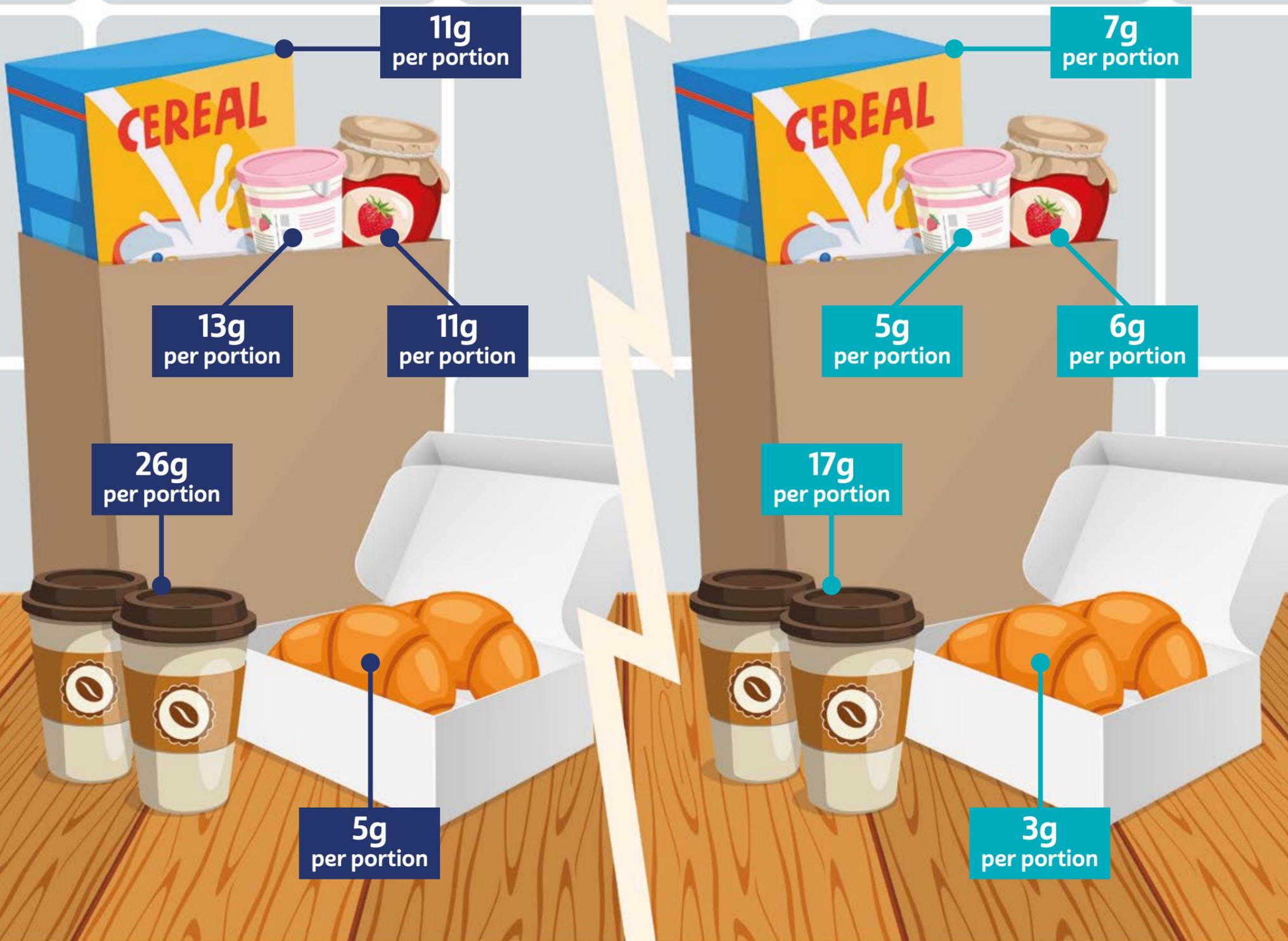


SPOT THE DIFFERENCE

These may look the same, but one has nearly **50%** more sugar!



Companies add unnecessary amounts of sugar to our food and drink, but similar products from a different brand could have a lot less sugar in!

Spot the difference by checking the labels for lower sugar options.



SUGAR AWARENESS WEEK

14th - 20th November 2022

www.worldactiononsalt.com

@WASHSALT #SugarAwarenessWeek