



SWEET OR SOUR?

Sweet
drinks
conceal a
sour truth

Regular consumption of sugary drinks increases risk of obesity, type 2 diabetes, tooth decay, high blood pressure and cardiovascular disease. Strong public health policies are needed before our health turns sour.

World Sugar Awareness Week
8 - 14 November 2021

#SugarAwarenessWeek @WASHSALT worldactiononsalt.com

